There’s No Place Like Home….or is there?
With Certified Aging Care Manager
Denise Valerio

Today my guest is Denise Valerio from Valerio Care management in Ambler PA - Denise is a Licensed Social Worker and Certified and Accredited Aging Life Care Manager. Denise provides care management services to the aging population, elderly and disabled adults age 21 and over. Aging Life Care managers offer solutions to the challenges of navigating your healthcare needs.

aginglifecare.org Aging Life Care Association
nationalrehab.org National Rehab Association for driver testing
valeriocaremanagement.com Denise Valerio

1:26 What services does aging life care manager provide
1:53 Services include full needs assessment for baseline of where they are at that time - medical diagnosis/estate planning/insurance/baseline physically and cognitively
2:58 List of recommendations from report
3:14 Provide road map on how to set up care for short term, mid term and long term based on safety
3:53 Goal is to try and let them age in place
4:00 Who makes that call to the Aging Life Care Manager
5:56 What does it look like after you make the contact to care manager
6:47 Initial consultation for an hour without written report
7:27 Are we on the right track - another set of eyes
7:56 Process of initial assessment
10:00 After the report/recommendations
11:08 Types of recommendations
12:50 Home Safety Evaluation
14:20 What if they still aren’t safe at home
17:08 Advice on what to look for when touring facilities
19:39 Parents moving in with children
22:35 Fiduciary responsibility to client
24:40 Good cop/Bad cop
26:00 How an aging life care manager can help you
More than one solution for each problem
How do you approach someone who shouldn’t be driving
Senior Driving Programs/Testing
Respectful process
Family dynamics
Helping family members deal
Challenge of Mild Cognitive Impairment
Care manager is boots on the ground
Difference in senior communities with generations
The Have’s and Have Not’s
More cost effective to care for someone in their home
Care plan changes
Aging Life Care Manager Cost
Who are aging life care Managers
Do you need a diagnosis to contact ALC Managers
Pro-actively using an ALC Manager
Does it matter when you decide to contact ALC Mgr i.e. a burned out caregiver
Things a burned out or existing caregiver would be noticing to contact ALC Mgr
Addictions and the Care Manager